

Daisy First Year Troop Plan



Welcome to the new troop year!

Hello Troop Leaders,

Being a Girl Scout leader is an incredible journey along which you'll shape the future by working with girls today. With your guidance, encouragement, and go-getter spirit, your Girl Scouts will be ready to embark on a lifetime of leadership, success, and adventure. And along the way, you'll hone your own leadership style and discover that you'll achieve more than you ever thought possible!

Girl Scouts of Southwest Indiana (GSSI) understands that volunteers are eager to start their leadership experience but may feel overwhelmed by the planning process. To take the guesswork out of planning, we have provided a sample year plan with recommended badges and a simple outline for each meeting.

Please note that the badges listed on this year plan are merely suggestions. Leaders should feel free to substitute other badges as needed based on their girls' interests. As you get to know your girls better and request feedback from them, you will be the best judge of which badges will be most impactful for your troop's unique leadership experience.

GSSI wants to ensure we support you through a memorable leadership experience with your girls. We hope that this year plan will instill you with confidence and excitement in your new leadership role and prepare you to start mentoring girls who will grow to change the world.

Yours in Girl Scouting,

Girl Scouts of Southwest Indiana





Meeting 1: Introduction to Girl Scouts and Parent Meeting



Set expectations for all involved – girl dynamics and family responsibility. Sisterhood starts at the beginning.

During the Parent Meeting, have families fill out the <u>Annual Permission</u>, <u>COVID Waiver</u>, and the <u>Cookie Permission Form</u>. Also, make sure to have your Troop Volunteer Position Signup Sheet on hand, so that all families can sign up to assist with the troop.

Note: Leaders will keep the Annual Permission form and COVID Waiver for their records. The Cookie Permission form will be turned into council.

Meeting 2: Investiture, Rededication and Promise Center



An <u>investiture ceremony</u> welcomes all new members to Girl Scouts, while a <u>rededication ceremony</u> is a great way for returning members to kick off the troop year and renew their commitment to the Girl Scout Promise and Law. Both ceremonies, at their core, are traditions that allow us to reflect on the ideals of the Girl Scout Movement and the empowering journey girls—and the millions of Girl Scouts who came before them—will undertake. Depending on your troop's members, you might decide to hold a combination investiture/rededication ceremony.

When earning the Promise Center, girls will learn about the Girl Scout Promise.

Steps to Earn the Promise Center

- 1. Make a circle. You can make it with your Daisy friends and Girl Scout adults, or even with your family!
- 2. Say the Girl Scout Promise
- 3. Talk about what the Girl Scout Promise means to you

Girl Scout Leadership Experience Pillar: Life Skills



Meeting 3: Lupe Petal



When you have earned your Lupe petal, you will know how to be honest and fair, just like Lupe the Lupine.

Steps to Earn the Lupe Petal

- 1. Enjoy "Lupe's Story" then talk about it
- 2. Act out the story with your Daisy friends each girl can take a different part
- 3. Practice being honest and fair

Girl Scout Leadership Experience Pillar: Life Skills

Meeting 4: First Cookie Business



When you sell Girl Scout cookies, you run your very own business! Find out how to sell cookies and excite your customers. Then decide how you'll use the cookie money with your Girl Scout friends.

Steps to Earn the First Cookie Business Badge

- 1. Find out about Girl Scout Cookies
- 2. Decide how to use your cookie money and set a goal
- 3. Practice your sales pitch

Girl Scout Leadership Experience Pillar: Entrepreneurship



Meeting 5: Sunny & Zinni Petals

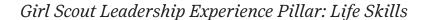
When you have earned both your Sunny and Zinni Petals, you will know how to be friendly and helpful, just like Sunny the Sunflower and considerate and caring, just like Zinni the Zinnia.

Steps to Earn the Sunny Petal

- 1. Enjoy "Sunny's Story" then talk about it
- 2. Make a mural based on "Sunny's Story" with your Daisy friends
- 3. Practice being friendly and helpful

Steps to Earn the Zinni Petal

- 1. Enjoy "Zinni's Story" then talk about it
- 2. Come up with ideas of how to be like Zinni
- 3. Practice being considerate and caring







Meetings 6 & 7: Mechanical Engineering: Board Game Badge



Anyone can use their imagination and what they have on hand to make a game, just like an engineer. Engineers create things that solve problems, using simple steps to come up with ideas, make samples, test them out, and then improve their ideas. When you have earned this badge, you'll have created your own board game and learned what inventors and engineers do. *This badge will take two meetings to be able to officially earn this badge. This curriculum can also be found in the Volunteer Toolkit and is split up into two separate meetings as well.*

Steps to Earn the Mechanical Engineering: Board Game Badge

- 1. Come up with an idea for your board game
- 2. Design a spinner for your game
- 3. Test your game and make it better

Girl Scout Leadership Experience Pillar: STEM

Meeting 6: You will use this meeting to complete the remaining steps to earn the Mechanical Engineering: Board Game Badge.

Meeting 8: Tula Petal



When you have earned your Tula petal, you'll know how to be courageous and strong, just like Tula the Tulip.

Steps to Earn the Tula Petal

- 1. Talk about "Tula's Story"
- 2. Make an art gallery celebrating women who are courageous and strong
- 3. Practice being courageous and strong

Girl Scout Leadership Experience Pillar: Life Skills

Meetings 9 & 10: Outdoor Art Maker Badge



Explore the outdoors and use what you see and hear to make different kinds of art projects. When you have earned this badge, you will know how to look at nature like an artist and make your own outdoor art. This badge will take two meetings to be able to officially earn this badge. This curriculum can also be found in the Volunteer Toolkit and is split up into two separate meetings as well.

Steps to Earn the Outdoor Art Maker Badge

- 1. See the colors of nature
- 2. Hear the sounds of nature
- 3. Share your outdoor art

Girl Scout Leadership Experience Pillar: Outdoors

Meeting 10: In Part Two of earning the Outdoor Art Maker badge you will need to complete the remaining requirements to officially earn the badge.

Meeting 11: End of Year Celebration

Celebration Suggestions

- 1. Have a bridging ceremony (only if girls are going into 2nd grade in the fall)
- 2. Go on a field trip
- 3. Have a slumber party
- 4. Go camping
- 5. Have a pizza or ice cream party

Note: Additional Volunteer Trainings are required for any type of field trip or overnight activity that is planned. Please make sure to review the <u>Volunteer Essentials</u> and <u>Safety Activity Checkpoints</u> before planning your trip. If you have any additional questions, please reach out to council directly at 812-421-4970 or at <u>support@girlscouts-gssi.org</u>.

Summer Activities with Your Troop

We always recommend meeting with your girls once or twice over the summer break to get together and take a fun trip or go on an outing. Check out our <u>Program Guide</u> filled with activities that are community partners in the surrounding areas have to offer!

GSSI also offers opportunities for troops or individual girls to attend our residential camp sessions at Camp Koch. <u>Camp Koch</u> is available for day use and group camping year-round (except during resident camp sessions) with indoor and outdoor accommodations available. Our facility has several hiking trails to points of natural beauty within the camp that provide an opportunity to explore nature. The developed area of the camp includes a small lake divided into swimming and boating areas, a dining hall, a play field, and indoor and outdoor sleeping accommodations.

Girl Scout Holidays for Your Troop to Celebrate

- 1. Juliette Gordon Low's Birthday: October 31st
- 2. Take a Hike Day: November 17th
- 3. World Thinking Day: February 22nd
- 4. Girl Scout Week: The week of March 12th
- 5. Girl Scout's Birthday Day: March 12th (2022 is Girl Scout's 110th birthday!)
- 6. Girl Scout Leader Day: April 22nd (April is Volunteer Appreciation Month)

In addition to these holidays, watch for additional annual programs & events from GSUSA including Girl Scouts Love State Parks, National Cookie Weekend, National Bridging Week and more!

Looking for more options?

You can switch out any of these badges for others that best suit the girls in your troop. Visit the <u>Badge Explorer</u> to see all of your options or build you own year plan in the Volunteer Tool Kit.

In addition to traditional badges, girls can also earn fun patches during your Girl Scout year. Fun Patches are a way for girls to express their interests or share an activity that they participated in with their troop or on their own. These are perfect to purchase after your troop has either participated in holiday celebrations or other activities. Visit our Fun Patch vendor's website for all kinds of different and fun ideas!

