



*Short and Snappy Activity*

## Girl Scout GORP Ceremony

*This ceremony can be used as you create some very special GORP with your girls before heading off on an outdoor adventure.*

Today we will build a nifty snack to nourish our bodies that symbolizes how many ways Girl Scouting nourishes our spirits. We have a *Promise and a Law*. On our honor, we will do our best to be fair and square.

**So we will begin with CHEX.**

Girl Scouts come in all colors, from all races around the world. Every Girl Scout is a sister no matter where she is from, no matter the language she speaks, no matter the color of her skin. God loves variety, and Girl Scouts are the colors of the rainbow.

**So we will contribute M & Ms.**

Some of us are tall, and some of us are small. When we get together, size doesn't matter at all.

**So we will add PRETZEL THINS AND MINI MARSHMALLOWS.**

Sometimes we are nutty. We love to joke and play. We'd love to put a Girl Scout smile into everyone's day.

**So we will toss in NUTS.** (Or shredded coconut or corn nuts in case of nut allergies).

Sometimes we are quiet and thoughtful. We have special gifts of love and caring to give in service to those who need our help.

**So we will sprinkle in TEDDY GRAHAMS.**

When we get together, we seem to make circles. We may sit in circles, play circle games, and make a Friendship Circle. You could say that we are well rounded.

**So we will roll in CHEERIOS.**

When we are busy planning a project, or doing a craft, we pop with enthusiasm until we're done.

**So we will pop in POPCORN.**

Girl Scouts respect all living things. The earth is our home, and we want to keep it safe for everyone.

**So we will release GOLDFISH & ANIMAL CRACKERS to the mix.**



Girl Scouts are "chips off the old block". Girl Scouting began in 1912. Since then we all have been part of an old tradition, and are proud to be part of the future.

**So we will drop in CHIPS.**

We get a kick out of learning new things, helping others, singing, and being together with our friends.

**So we will kick in KIX.**

Young Girl Scouts may be hard to resist because they are fresh, sweet and new. But an older Girl scout maybe more fun, because she has more experience.

**So we will put in RAISINS.**

Girls who come to Girl Scouts bloom. They are like little seeds we water and warmly shine on to grow up strong.

**So we will finish with scattering these SUNFLOWER SEEDS.**

When we mix together the many aspects of Girl Scouts, we end up with something truly special!