

## Nursing Home Ideas

Discover and explore with Girl Scouts what a nursing home, assisted living facilities, and state schools/centers are (depending on what facility you have adopted).

Schedule visitation dates with the facility's Activity Director and follow through on that promise! Visit your adopted facility at least four (4) times during the year. Be sure to inquire about the needs of your facility.

Have a sing-a-long with the residents of your facility.

Do a service project for your facility. Check to see what needs to be done. If possible, involve the residents in helping with your project.

Have a party! Either pick a holiday or host a "Just Because It's Saturday" party. Provide refreshments, party games and decorations. For some ideas, refer to the Year – at – a – Glance Flyer in your Silver Lining Packet.

Practice your dramatic skills! Perform a skit, play, puppet show, dance, etc. for the residents. Afterwards, offer them a "backstage pass" to join you in refreshments.

Many of the residents in your nursing home or assisted living facility may be veterans or have had someone they love serve in the military. Make and deliver cards on Veteran's Day, Memorial Day, or 9-11 Remembrance Day, to thank them for their patriotic gift to the nation.

Decorate resident's doors and rooms for holidays or birthdays. You can even help the residents with holiday or birthday gift-wrapping and greeting cards.

Find out which residents were Girl Scouts growing up. Learn about some of the badges, activities, etc. from that time period and how scouting has changed.

Have a Birthday party for residents that have a birthday in one month or for all that are in the same decade. For instance 60's, 70's, 80's, etc.

Take book mobile to residents' rooms, read out loud to residents, start a book club or have group readings.

Photograph residents and/or events. Put together a scrapbook for all residents to enjoy.

Give residents a manicure (Paint fingernails). If you use a finger nail file, use one belonging to resident or a new file. Do not share the file.

Write letters for residents. This may help them stay in touch with friends and relatives that cannot come to visit.

Call bingo / loteria / chalupa games.

Host a picnic for residents. Take them on a nature walk. Fly kites.

Host a "Movie Premier" night. Show movies and have a popcorn party